

Coaching Structure

A plan for the growth and success
of the US National Teams



Programs of the USA National Teams

USA National Teams

Kumite
Program

Kata Program

Para Karate
Program

Sports
Performance
Program

Youth
Developmental
Program

Programs Defined

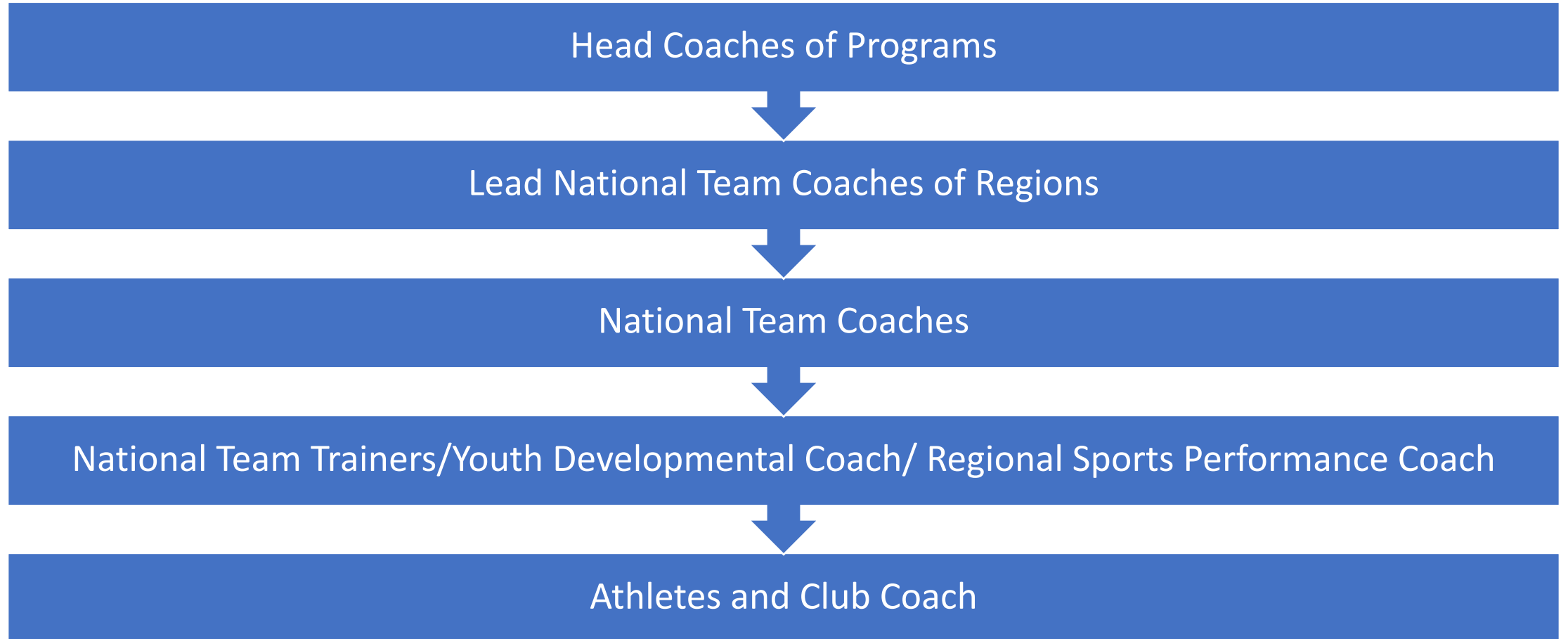


Kumite Program – For athletes who compete in competitive sparring against each other. Focused on the combat aspect of the sport. For youth and adult athletes. Individual and Team
Kata Program – For athletes who compete in the presentation of kata. Focused on the art and performance aspect of the sport. For youth and adult athletes. Individual and Team
Para Karate Program – For athletes with mental or physical disabilities. For athletes 16+. Individual
Sports Performance Program – Designed to build athletes’ strength mentally and physically and to improve speed, strength, endurance and all physical components of the athlete to improve the athlete’s performance during competition. For youth and adult athletes, both kata and kumite.
Youth Development Program – Focused on building an athlete pipeline. Designed to teach and cultivate fundamental skills and knowledge needed to advance as a Karate Athlete and one day be on a US National Team. For youth athletes.

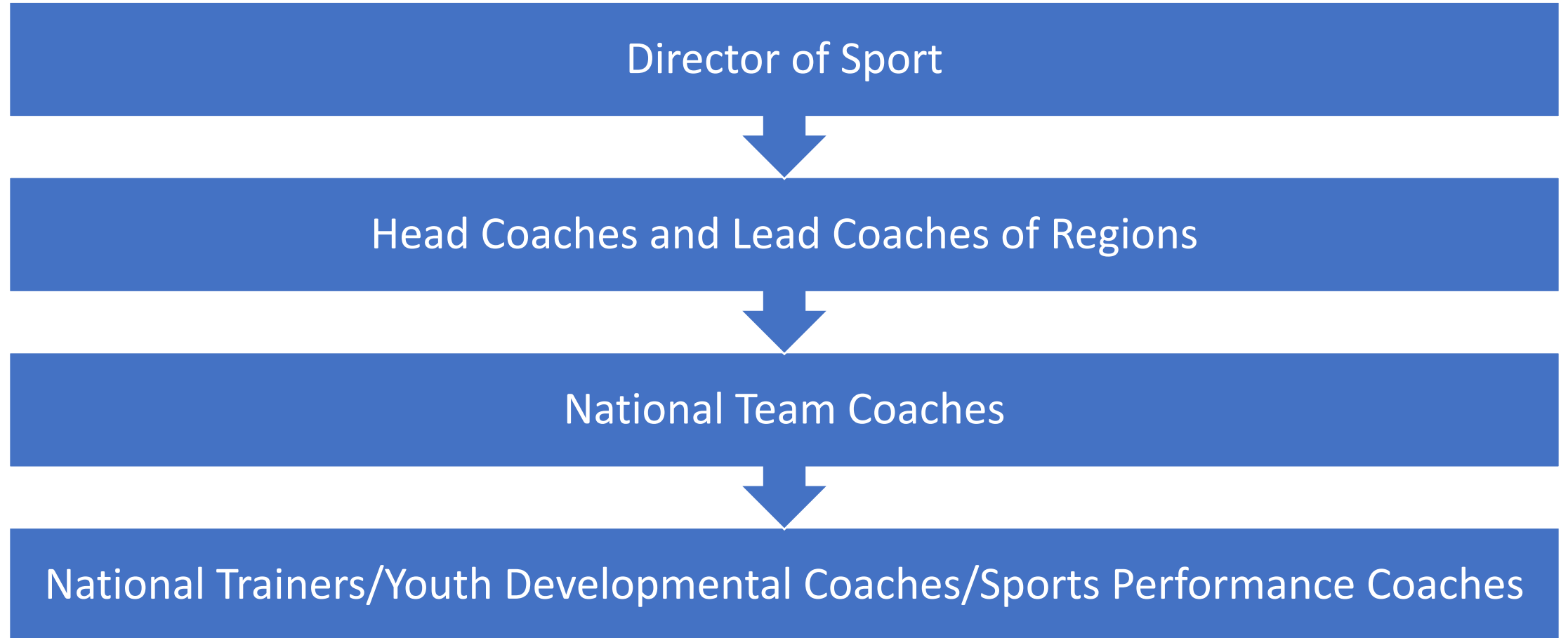
Generic Flow of Skill Specific Information



Flow of Program Curriculum, Skills, Strategies and Tactics



Reporting Structure and Hierarchical Flow

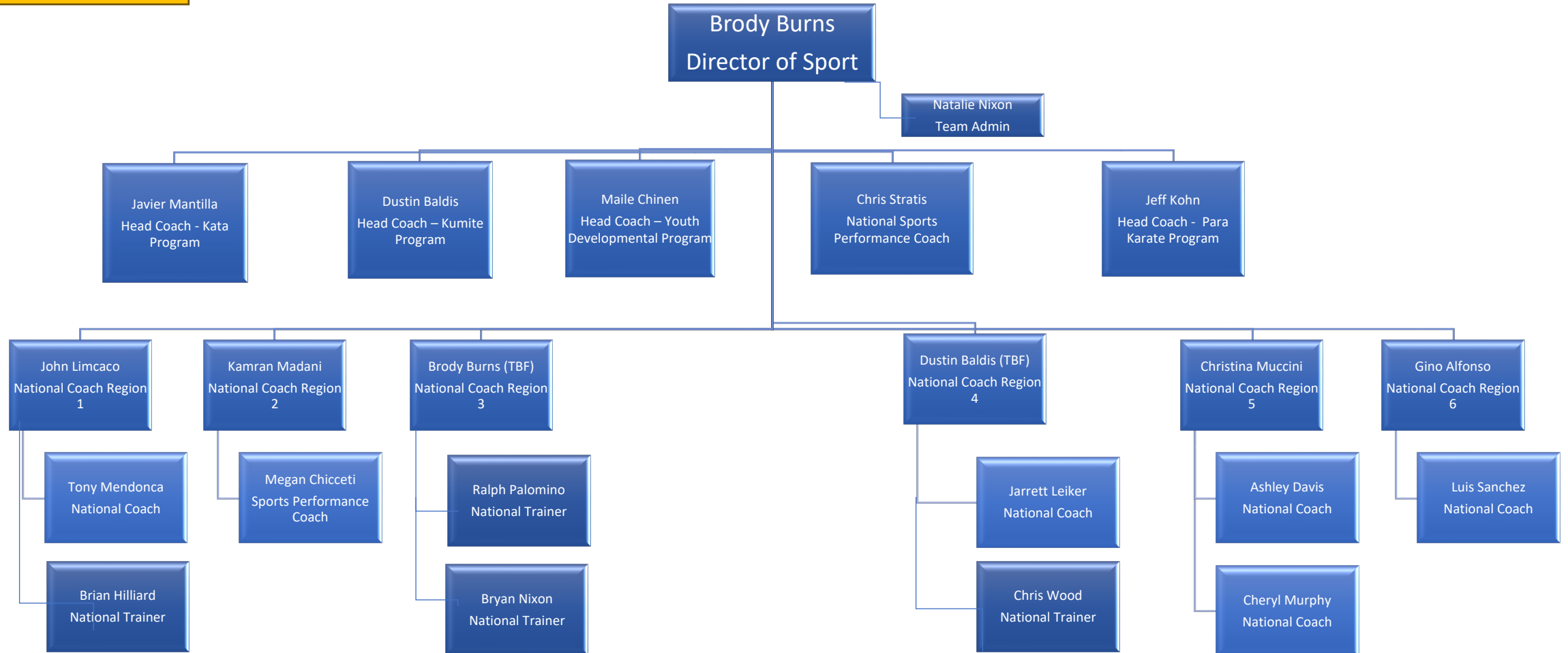


Regional Breakdown

Region	Area	National Coaches	National Trainer	Sport Performance Coach	States
I	West	Maile Chinen/John Limcaco/Tony Mendonca	Brian Hilliard	TBA	HI, AK, WA, OR, NV
II	Mountain States	Kamran Madani	TBA	Megan Chicetii	CO, UT, ID, WY, MT
III	South	Brody Burns	Ralph Palomino Bryan Nixon	Chris Stratis	TX, OK, AZ, NM
IV	Mid West	Dustin Baldis Jarrett Leiker	Chris Wood	TBA	ND, SD, NE, KS, MN, IA, MO, WI, IL, MI, IN, OH
V	North East	Christina Muccini/Ashley Davis/Cheryl Murphy	TBA	TBA	ME, VT, NH, MA, CT, RI, NJ, DE, PA, NY
VI	Southeast	Gino Alfonso/Luis Sanchez	TBA	TBA	AR, LA, MS, TN, AL, KY, WV, VA, NC, SC, GA, FL



Current Staffing
June 2024



Future

